



26/6/2024

Dear parents and carers,

We would like to inform you that Y6 are continuing the Living and Growing topic, as usual for the children at this time of the year. In these lessons the children will learn about:

- Healthy lifestyles, exercise and food groups.
- Body health and hygiene.
- Mental Health.
- Life cycles.
- Body changes and puberty including periods (this will be taught to both boys and girls.)
- How babies are born (including a short clip of a baby being delivered.)
- How babies are conceived and develop.
- Human development from birth through puberty into adulthood.
- Question and answer session.

We hope you understand that though these issues can be of a sensitive nature, it is of great importance that your child understands how their bodies will develop and we assure you that it will be taught in an age appropriate and sensitive manner.

If you have any worries or questions please feel free to speak to your child's class teacher or a senior member of staff.

Yours Sincerely

Mr Nicholson

Miss Simpson

Mr Hudson (on behalf of Mrs Borrelli)

