

Pastoral and Family Support



My name is Miss Regan and I work on our Inclusion team. I work with a number of outside agencies who can offer support to families where and if needed. I work in partnership with Bolton UCAN, Bolton at Home, Urban Outreach, Bolton HAF, Money Skills, St James' Church, Kings Church... to name a few. More often than not, if I cannot help you, I will find someone who can!

I will be opening up monthly meets after half term to give parents the opportunity to come and ask for / seek support. Information will be sent out via dojo nearer the time.

Mental Health and Wellbeing

Mental Health and Wellbeing Apps for Kids

<https://www.internetmatters.org/resources/wellbeing-apps-guide-for-kids/>

Be Kind To My Mind

Be Kind To My Mind - Bekindtomymind is a Bolton campaign, developed by the Healthy Minds Youth Project and NHS Bolton Clinical Commissioning Group, to reduce the stigma and discrimination around mental health.

