

FAMILY ACTIVITIES AT BRIGHT MEADOWS FAMILY HUB



Bolton Family Hubs

Hub opening hours:
9:00am – 5:00pm, Monday to Friday
Greenroyd Steet, Bolton, BL2 5DD
Telephone: 01204 336691

ALL
FREE TO
ATTEND!

Solihull: Understanding Your Child (10-week group)

For parents and carers of children under 3, get a deeper understanding of your child's development. Topics include, play, communication and brain development, emotions and parenting styles.

Next course begins January 2024.

Monday group begins 20 Jan
10am – 12pm for 10-weeks

Little Bats Stay and Play

10-week course to support children's confidence in outdoor play. 1-5 years.

Advanced booking required.

Mondays, 1:00pm – 2:30pm

Baby Babble and Bond

Drop-in for families with babies (0-12 months). Explore sensory resources, songs and rhymes etc.

Tuesdays, 9:30am – 10:30pm

Shake, Rattle, and Roll

Active music and movement group for families with 0-5s.

Wednesdays, 10:00am – 10:45am

Stay and Play

For families with 0-5s. Term time only. Indoor and outdoor activities.

Thursdays, 10:00am – 11:00am

Chat, Play, Read

For families with children 12 months+. Songs, stories and play activities to boost communication, language and literacy development.

Thursdays, 1:00pm – 2:00pm

Family Fun Time

For families with children all ages. Read, play, craft, and connect in our indoor and outdoor spaces. Free snacks and time to chat with a Family Hub Practitioner. Term time only.

Thursdays, 3:15pm – 4:30pm

Baby's First Foods

Learn when and how to introduce solid foods to your baby. Ideal when baby is around 3-6 months old.

Advanced booking required.

Call Healthy Families: 01204 463175

Fri, 17 Jan and 14 Mar,
10:00am – 11:30am

Antenatal Clinics

Mon-Fri 9am – 5pm

To book contact 01204 336691